



Mr. Food Test Kitchen Announces Recipe Contest with EasyHomeMeals.com

FOR IMMEDIATE RELEASE

Fort Lauderdale, FL (July 10, 2014) — The Mr. Food Test Kitchen has teamed up with their friends at EasyHomeMeals.com for the ultimate cook-off, showcasing America's best family favorite dinner recipes. Readers are asked to [submit original recipes](#) that use ingredients from the frozen and refrigerated food aisles, in keeping with MrFood.com's "Quick & Easy" Everyday Cooking philosophy. Ten finalists will be chosen to compete for the \$1000 grand prize and the chance to be featured on a Mr. Food Test Kitchen TV segment.

The Mr. Food Test Kitchen often uses frozen and refrigerated ingredients as cooking shortcuts. Some popular recipes include: [Easy Tortellini One Pot](#), [Meatball Stroganoff](#), and [Waffle Fry Chicken Bake](#). It's easy to plan meals in advance when there's no fear of an expiration date. Frozen and refrigerated ingredients are a simple way to pull together home-cooked meals without all the fuss of slicing and chopping.

Check out the contest page here:

<http://www.mrfood.com/voting/Family-Favorites-Dinner-Cook-Off/action/entry>

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More information available upon request.

Media Contact

Yolanda Reid

954-938-0400, ext.307

About Mr. Food Test Kitchen:

The Mr. Food Test Kitchen is an established, diversified, media brand that has championed the benefits of quick and easy cooking at home for more than 30 years. Today, the Mr. Food Test Kitchen TV segment is nationally syndicated through CBS Television Distribution, boasting a daily audience of nearly 3.5 million viewers between broadcast and TV digital platforms. Through its publishing division, Cogin, Inc., the Mr. Food Test Kitchen has sold millions of books, making it one of the nation's most successful cookbook authors. In addition to print and video, the Mr. Food Test Kitchen has MrFood.com, one of the country's fastest growing recipe websites with millions of page views weekly and more than 1.8 million unique visitors monthly. (www.mrfood.com)